

Employee Assistance

YOUR EMPLOYEE SUPPORT

INTRODUCTION TO REACH EAP SERVICES

An Employee Assistance Program is a benefit that assists employees with personal issues and/or work-related problems that may impact their job performance, health, mental and emotional wellbeing; This Program is available to your family household members, as well.

As an employee benefit, you are eligible for up to 5 sessions of counseling at no cost to you, per life issue you may experience. These sessions are private and confidential. As part of the benefit package, you will receive access to the REACH WorkLife web services, Legal/Financial services, and Child and Eldercare Resource services

****Please note:** these benefits are available to help you with life issues that you may experience and not intended to be available only when you are in crisis.

TOLL-FREE: **800-950-3434**

WEBSITE: <http://reachworklife.powerflexweb.com>

USERNAME: **reach-cnu** • PASSWORD: **reacheap**

The logo for REACH EAP features the word "REACH" in a large, bold, teal sans-serif font. Below it, the letters "EAP" are stacked vertically in a smaller, teal sans-serif font. A thin vertical teal line is positioned to the left of the text.